

SANTA BARBARA
WEST
MOBILEHOME PARK
30 WINCHESTER
CANYON ROAD
GOLETA, CA 93117
(805) 968-7700

MANAGER:
MARIO JARA
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OFFICE MANAGER:
KIM COONEN
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THIS MONTH:

- Dr. Seuss's Birthday (3/2)
- NATIONAL CEREAL DAY (3/7)
- NATIONAL SLOPPY JOE DAY (3/18)
- SPRING BEGINS (3/20)
- NATIONAL TAKE A WALK IN THE PARK DAY (3/30)

OFFICE HOURS

Monday-Friday:
9am-12pm

Rent Collection:
Wed 1st—Fri 3rd
9am—5pm

Rent is due on the
1st of each month
and considered
late if received
after 5:00pm on
the 6th of each
month

PLEASE MAKE YOUR
PAYMENT FOR THE EXACT
AMOUNT, CLEARLY and
LEGIBLY. BE SURE TO
DOUBLE CHECK THE AMOUNT,
DATE and SIGNATURE.

MARCH 2023 PARK NEWS

GIFTED WITH BEAUTIFUL MOUNTAINS AND OCEAN BREEZES
VISIT US ONLINE WWW.SANTABARBARAWESTMHP.COM



National Day of Unplugging—Friday, March 3rd

On the first Friday in March, National Day of Unplugging, kicks off a 24 hour period from sundown to sundown, to unplug, unwind, relax and do things other than using today's technology, electronics, and social media.

Look around the average American household. Smartphones, computers, gaming systems, and smart TVs may not fill every nook and cranny, but gradually these devices are taking up residence and bandwidth in our homes and brains. Research shows the typical American family contains 4 connected devices. Media, friends entertainment, education, work and more are all at our fingertips. The amount of information available to us is at an all-time high and the amount of connectedness goes with us everywhere.

Disconnecting or unplugging from all the digital static offers us an opportunity to reset. It also allows us to make more human connections with the people around us.

Another benefit of unplugging is better sleep. When we push away from the computer, put down the smartphone, and turn off the tv, we're more likely to stretch our legs. Going outdoors into the fresh air, we might actually get more natural exercise causing our bodies to sleep better.

Other things about unplugging that might surprise you are that you'll find more time to do the things you keep saying you have no time to do. For example, reading that book or visiting with an old friend, cleaning out the closets, or hiking a trail.



Local Happenings:

Goleta Farmer's Market

Sundays: 10am-2pm
Thursdays: 3pm -6pm
Camino Real Shopping Center
www.sbfarmersmarket.org



Plane Pull

Saturday, March 4
Opening ceremonies at 9:30am
Santa Barbara Airport
Teams of 10 play tug of war with an Alaska Airlines E175 airplane weighing nearly 100,000 pounds.
For more information visit:
www.alphasb.org/plane-pull



Goodland Yarn Works

Knitting & Crocheting for Charity
Hours: 2pm—4pm
March meetings: Wed. 8th, Fri. 10th & Wed. 22nd
Goleta Valley Library,
500 N Fairview Ave



Sundays at the Ranch

Every Sunday: 11am—2pm
Live music the first Sunday of every month: 2pm—4pm
Stow House Ranch Yard
304 N. Los Carneros Road, Goleta
Barn animals, outdoor fun & tractor rides.
All FREE—tell a friend!



www.goletahistory.org/sundays-at-the-ranch/

City of Goleta Council Meetings – City Hall

March 7th & 21st —5:30pm

Park Happenings:

DONUT DAY:

Wednesday 1st

Stop by for a sweet treat,
we look forward to seeing you!



Rent collection: Wed 1st—Friday 3rd

SPONSORED BY PACIFICA HOMES

Looking to trade-in or sell your old home?
Stop by the office for more information.



The pool and spa are now open!

To prevent closures please remember
to follow the pool rules.



HAPPY
St. Patrick's
DAY

Friday, March 17th



WORD SEARCH

Q	D	J	P	F	R	E	E	S	I	A	W	X	D	L
E	T	A	Y	I	S	A	R	J	D	I	H	C	R	O
E	R	S	N	V	G	H	A	P	T	M	B	Z	G	T
C	D	M	T	D	A	F	F	O	D	I	L	E	K	U
A	U	I	S	X	E	N	O	M	V	A	L	R	D	S
R	Y	N	O	I	N	L	T	U	L	I	P	H	Q	Y
N	Z	E	W	U	R	A	I	F	M	K	C	R	P	E
A	S	T	Y	P	Q	I	R	O	S	E	J	P	G	P
T	V	F	S	E	S	J	M	Z	N	A	O	M	E	A
I	R	A	I	F	U	A	O	Y	A	P	V	I	A	N
O	M	N	A	R	C	I	S	S	U	S	O	S	V	S
N	Q	B	D	M	O	D	R	J	H	X	T	J	Y	Y
W	C	H	T	E	R	R	E	D	N	E	V	A	L	Z
F	A	E	T	U	C	F	M	G	R	H	K	V	I	B
Z	V	I	O	L	E	T	C	B	M	L	O	K	L	A

ASTER
CAMOMILE
CARNATION
CROCUS
DANDELION

DAFFODIL
DAISY
FREESIA
IRIS
JASMINE

LAVENDER
LILY
LOTUS
NARCISSUS
ORCHID

PANSY
POPPY
ROSE
TULIP
VIOLET



SBCC Extended Learning for Older Adults

Spring 2023 classes will be offered via online, Zoom video conference, hybrid and face-to-face formats. New courses beginning mid-March.

Courses for older adults are offered tuition-free to community members and offer a wide variety of topics taught by skilled professionals in each subject. Classes are specifically designed for adults age 55 and over.

A list of courses can be found at: www.sbccc.edu/extendedlearning/olderadults.php

For more information about the SBCC Vitality Program contact:

Jeanette Chian (805) 683-8289

Emma L. Cruz (805) 683-2828

Dear SBWMHP Resident/Owner,

Your Homeowners' Association Board of Directors has had two meetings since being elected last year, and minutes of those meetings are available. If you would like to receive copies of our meeting minutes, please send your request to SBWestHOA@gmail.com. Our next meeting will be in May and we will initiate a resident input period at the beginning of each meeting.

Your Board of Directors



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GENERAL INFO:

- * **RESIDENTS ARE NOT PERMITTED TO PARK IN THE VISITOR/GUEST PARKING AREA**, unless authorized by management.
- * **A two (2) weeks** advance notice is required to reserve the Clubhouse.
- * **Please remember** any suggestions or complaints must be put in writing, along with your signature, so that they can be addressed by Management.
- * **Home/Homesite Improvements:** Don't forget to get Management approval before undertaking any exterior improvements such as painting or additions to your homesite, i.e. landscaping, sheds, etc.
- * Please observe and show courtesy for your neighbors by adhering to **QUIET HOURS: from 10:00PM - 8:00AM**
- * Don't forget to register any person living with you.
- * **Dogs and cats off leash is not permitted.** Make sure your dog or cat is not able to get out of your home and please do not allow your pet to do its "business" in the common areas or homesites.

Your Cooperation is Appreciated!!!